

## Project Adventure/High Ropes Unit Grading Sheet:

- Psychomotor Assessments 25%

- Demonstrate understanding of physical fitness components by completing daily warm ups \_\_\_\_\_ X .05 = \_\_\_\_\_
- Demonstrate various minute and complex skills to move safely throughout daily activities \_\_\_\_\_ X .05 = \_\_\_\_\_
- Demonstrate fundamental physical skills and progress to complex movements skills by completing 3/4 daily class tasks \_\_\_\_\_ X .15 = \_\_\_\_\_

**Total Psychomotor points**

- Affective Assessments 40 %

- Self Assessment via Character Rubric \_\_\_\_\_ X .05 = \_\_\_\_\_
- Teacher Assessment via Character Rubric \_\_\_\_\_ X .05 = \_\_\_\_\_
- Peer Assessment via Reflective worksheet \_\_\_\_\_ X .05 = \_\_\_\_\_
- Daily Participation Rubric

daily total points = \_\_\_\_\_ divided by total class of \_\_\_\_\_ = \_\_\_\_\_ divided by total rubric of 16 = \_\_\_\_\_ X .25 = \_\_\_\_\_

**Total Affective Points**

- Cognitive Assessments 35%

- Unit Pre test \_\_\_\_\_ X .05 = \_\_\_\_\_
- Unit Final Test \_\_\_\_\_ X .10 = \_\_\_\_\_
- Journal (communication) worksheet \_\_\_\_\_ X .05 = \_\_\_\_\_
- Vocabulary Worksheet \_\_\_\_\_ X .05 = \_\_\_\_\_
- Problem Solving Reflection \_\_\_\_\_ X .05 = \_\_\_\_\_
- Unit Part One Quiz \_\_\_\_\_ X .05 = \_\_\_\_\_

**Total Cognitive Points**

Psychomotor + Affective + Cognitive = Final Unit Grade