

LIFE Residential

Live in Freedom Early (LIFE) serves male adolescents ages 13-21 with substance use disorders. Treatment includes holistic care, structured groups, individual sessions, family sessions addressing life skills, vocational educational planning, on-site school, relapse prevention, psychiatric and physical health.

Chemical Dependency Outpatient Clinic

Our clinic provides holistic care in an outpatient setting for youth addressing medical, family, and mental health issues along with life-skills development. The treatment is customized to the individual client by our licensed providing family, individual and group therapy as well as relapse prevention.

Addiction Prevention

Our NYS Licensed Prevention services are designed to delay or reduce the use of alcohol and other drug abuse in youth who have not yet begun to use and abuse or who are experimenting. Our Prevention Specialists provide evidence Based curriculum to community, school, and other agencies.

Developmentally Appropriate

The treatment programs help adolescents master developmental tasks to learn systematic logical thinking and to prepare for adult role as they think about and examine their lives, and the potential impact of their drug use upon their future.

Research-based

Our treatment models are based on the latest research and evaluation literature, in particular findings about:

- The underlying and co-occurring psychological problems that typically accompany drug use and put youth at risk of such abuse
- The stages of change in overcoming drug problems
- Preparing individuals to change through motivational enhancement
- Resiliency
- Counseling outcomes
- Relapse prevention

Culturally Sensitive and Holistic

The programs use an empowerment model, putting personal problems in the context of broader social and environmental issues.

The underlying causes (including psychological and co-occurring problems), and lifestyle issues are addressed.



We use Evidence Based Practices

such as *Seven Challenges*, *Trauma-Informed Care*, *Motivational Interviewing*, *Cognitive Behavioral Therapy*, designed for adolescents with substance use disorders, to motivate a decision and commitment to change. We help young people look at themselves, understand what it takes to give up a drug abusing lifestyle—and prepare for and attain success when they commit to making changes.

Medication Assisted Therapy

We offer **Buprenorphine** for ages 16 – 25. Together with a doctor who understands Opioid use disorders, medication assisted therapy can help manage physical symptoms and cravings, allowing clients to work toward their recovery.

Partnership

Our clinicians join with youth and their families as problem-solving partners. We help youth overcome co-occurring problems and learn to meet their needs in positive ways so they are in a position from which they can sincerely make a commitment to change. Once such decisions are made, we teach the tools and provide the support that ensures success.

Mental Health Outpatient Clinic

Our goal is to help patients and families understand and manage issues such as PTSD, ADHD, mood disorders, psychotic disorders, substance abuse, and disruptive disorders. We offer evaluation and treatment for children, young adults and families including individual and family treatment, medication management, cognitive-behavioral therapy, as well as psychological testing.



Sanctuary Model

Sanctuary Model is a holistic approach to how we operate at Villa of Hope. Sanctuary Model® represents a theory-based, trauma-informed, evidence-supported, whole culture approach that guides our treatment philosophy.

FOR MORE INFORMATION or TO MAKE A REFERRAL CALL:

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